

# POLICY #233 DRESS CODE POLICY

Approval:	8-mo	7.29.22
	District Health Director	Date

#### 1.0 PURPOSE

District 2 Public Health has established an image of professionalism and it is important for all employees to continue to reinforce this image regarding personal appearance. Each employee is responsible for knowing and abiding by the Dress Code Policy. This revision of the code provides clarification to potentially confusing items and reflects modern changes in style and culture.

### 2.0 SCOPE

This policy applies to all employees of District 2, including the employees of each of the respective Boards of Health that comprise this health district.

#### 3.0 POLICY

- 3.1 This policy governs the appropriate dress of employees during normal business hours of Health Department/District Office operations, during training activities, and while attending meetings, conferences, or classes where the employee is representing the local Board of Health or the District. One of the key aspects of any agency's image is the way the employees dress and the customer's perception of the employee's appearance and professionalism. District 2 has developed a dress code policy that makes each employee, in conjunction with his/her supervisor, responsible for how (s)he dresses. The general policy allows for the recognition that different styles will be necessary, depending on changes of season, degree of customer contact, nature of work, as well as safety issues.
- 3.2 The specifics of this policy may vary with each department and county. Department particulars will be determined at the supervisor's discretion with Management Team's approval. If a Department Supervisor or County Manager wishes to vary from the general policy or add specifics due to the nature of the job duties, they may submit an Application for Dress Code Amendment to the Management Team for approval. The amendment must then be attached to the Dress Code Policy and distributed to the employees of that department/county.

## 4.0 DRESS CODE

# 4.1 Safety Equipment and Identification Badges

As a term and condition of employment, and in accordance with safety guidelines and Department policy:

County Board of Health	Policy No.	233
POLICY	Revised Date	6/02/2022
Dress Code Policy	Page No.	2 of 7

- In certain work environments, employees may be required to wear:
  - Protective clothing/shoes
  - Personal Protective Equipment (PPE)
  - o Gloves
  - o Hat/helmet
  - o Other safety related equipment
- ID badges must be worn during work hours:
  - o In county health departments
  - o When interacting with clients
  - When representing District 2 at various off-site venues.

#### 4.2 Uniforms and Clinical Attire

All clinic-based staff must wear approved clinic attire while in clinic setting:

- Scrubs
- Lab Coat/Jacket
- Closed-toe shoes OR
- Street clothes with lab jacket
- Closed-toe shoes

NOTE: If you travel to a county that adheres to a different dress code than your county, you are allowed to wear the attire normal to your county. For instance, if your county wears street clothes and lab jackets for clinic and you travel to a clinic that wears strictly scrubs, it is appropriate for you to wear your normal dress code, as a visitor.

Clinic attire will be determined at the supervisor's discretion with Management Team's approval following the process for *Application for Dress Code Amendment*.

#### 4.3 Professional Dress

All employees are reminded that clothing and shoes should be business casual in style and appropriate for the workplace and individual work environments. Apparel must be designed in styles and fabrics appropriate for a business environment. Each employee must take a level of responsibility for what (s)he wears and how his/her appearance can either enhance or detract from professionalism in his/her work. Basic elements for appropriate attire include clothing that is in neat and clean condition, clothing that is not too tight, revealing or has rips, tears or frays in them.

All employees are reminded that if they have a question regarding the appropriateness of a particular item, it should be discussed with his/her supervisor prior to wearing the item to work. Reasonable accommodations shall be made by the supervisor for employees who

County Board of Health	Policy No.	233
POLICY	Revised Date	6/02/2022
Dress Code Policy	Page No.	3 of 7

because of religious belief, cultural heritage or medical reasons request a waiver of a particular part of this policy for dress or appearance.

# 4.4 Appropriate Work Appearance

- Blouses (any length sleeve, including shells and conservative sleeveless)
- Camisole/Tank-top
  - Must be covered by another garment (i.e., blouse, sweater, jacket, etc.)
- Collared dress/sport/polo shirt
- Colored denim (i.e., black, green, red, khaki)
- Dresses/skirts/skorts (no shorter than three (3) inches above the knee)
- Leggings
  - Made of substantial/quality material
  - Must be covered to mid-thigh by:
    - Sweater/Blouse
    - Dress, etc.
- Slacks
- Blue Jeans (depending on the work environment)
- Capris (length must be no higher than mid-calf)
- Sweater/Sport Jacket
- Tie (may be required/appropriate to circumstance)
- T-shirts (acceptable on dress down days)
  - Acceptable if:
    - They are tailored
    - Do not include vulgarity
    - Logos and graphics should be covered by sweater, jacket, lab coat while serving clients
- Facial hair
  - Either clean-shaven, or kept neatly trimmed
- Fingernails
  - Clean and neat
  - o (clinic area) No longer than one half size longer than the nail bed
  - o (non-clinic area) Must be professional in appearance and not impede work performance.
- Footwear
  - o Open-toe shoes are not permitted in clinic areas and are not appropriate for field

County Board of Health	Policy No.	233
POLICY	Revised Date	6/02/2022
Dress Code Policy	Page No.	4 of 7

work.

- Conservative athletic/walking shoes
- Sneakers
- o Loafers
- o Boots
- Leather deck-type shoes
- o Sandals (must have hard sole, not permitted in clinic/field environments)
  - Open-toes shoes are not permitted in clinic areas and are not appropriate for field work

#### Jewelry

- Must not impede work duties
- Must not pose a safety risk
- Earrings, in style and number, should be professional and not distract from DPH's mission
- Nose rings are allowed as a small stud or hoop that looks professional
- Colognes/perfumes/fragrances
  - Mild fragrances
  - Used minimally

#### Tattoos

- Excessive tattooing will be covered or disguised without drawing undue attention to the area
- No vulgar, offensive, or obscene tattoos should ever be visible
- All clothing should properly cover cleavage, chest, stomach, backside, and undergarments, even while bending/stooping over.

# 4.5 Inappropriate Work Appearance

#### Pants

- o Torn, dirty, stained, rumpled
- Sweatpants/track pants
- o Camouflage
- o Spandex
- Blue jeans (not to be worn except for "Blue Jean"/Dress Down day)
- Any pants that include logos, pictures, slogans, or potentially offensive words

#### Blouses/tops

Spaghetti straps

County Board of Health	Policy No.	233
POLICY	Revised Date	6/02/2022
Dress Code Policy	Page No.	5 of 7

- Revealing, sheer, or cut-out elements
- Off the shoulder
- o Midriff tops
- Halter tops
- No excessive armpit cut-outs
- Camisoles/Tank tops/Racer back style tanks worn alone without another garment covering them

#### Dress/Skirts

- Very short (more than three (3) inches above the knee)
- o Extremely tight
- Slits more than three (3) inches above the knee
- Revealing, sheer or cut-out elements

#### Footwear

- Rubber soled flip flops
- Sundresses/Spaghetti strapped dresses/tops
  - Unless covered by sweater, blouse, jacket, etc.
- Undergarments:
  - Bras/underwear that are clearly visible due to sheer clothing
- Hats/ball caps or any other head covering while indoors
- Extreme hair color
  - Any color not found in human nature (i.e., blue, green, magenta, etc.) should be subtle/muted as to not distract from DPH's mission.

#### Fingernails

- Extremely long, or of such a length that they impede duties
- Dirt under fingernails

#### Jewelry

- Body piercings worn on or about:
  - Lips, mouth, tongue, or any other exposed body part other than areas allowed in Section 4.4
- Any clothing, jewelry, tattoos, or accessories that are:
  - o Torn, dirty, stained, rumpled
  - Offensive, vulgar, degrading, profane
  - Culturally insensitive
  - o Advertise for political candidate/business
  - Clothing that does not properly cover cleavage, chest, stomach, backside,

County Board of Health	Policy No.	233
POLICY	Revised Date	6/02/2022
Dress Code Policy	Page No.	6 of 7

camisoles, tank tops, bra straps

- Colognes/perfumes/fragrances
  - Scents that are very strong or worn in excessive amounts as may cause clients/co-worker's illness/distress
- Tattoos
  - o Which are offensive, culturally insensitive
  - o Visible:
    - Above the neck or on the face

# 4.6 Blue Jean or Special Dress Day

Fridays and pay days are considered dress down/blue jean days. Health Departments can establish additional, special "blue jean"/dress down" or "holiday dress up" day to allow employees to wear appropriate blue jean pants or seasonal wear. All employees must be made aware of the designated blue jean/dress down/holiday dress up days. Attire must follow above dress code guidelines. Additionally, employees traveling to other health departments on dress down days may wear attire appropriate to the dress code of that health department.

Employees must also dress appropriately for the environment that they are working in on dress down days (i.e., meetings, conferences) and appropriate business attire must be worn in these circumstances.

#### 5.0 VIOLATION OF DRESS CODE

- 5.1 For the first violation of the dress code policy, the employee will be sent home\* to change and receive verbal coaching.
- 5.2 If an additional violation occurs, the employee will again be sent home\* to correct the violation and receive a Verbal Warning.
- 5.3 On the third violation, the employee will be sent home\* to correct the violation and Written Warning.
- The fourth violation will result in the employee being sent home\* to correct the violation and Written Reprimand.
- 5.5 The fifth violation will result is termination following the District's Progressive Discipline policy.
  - \*All time away from work for correcting a violation of the dress code policy will be charged to the employee's annual leave or be leave without pay if adequate time is not accrued.

County Board of Health	Policy No.	233
POLICY	Revised Date	6/02/2022
Dress Code Policy	Page No.	7 of 7

# 6.0 CONCLUSION

Determination of the appropriateness of dress shall be left up to the discretion of the immediate supervisor and/or the Management Team. If an employee feels that the supervisor's determination is unreasonable or unfair, the employee may appeal to HR. If clothing fails to meet these standards, as determined by the employee's supervisor and/or HR, the employee will be in violation of the policy.

# 7.0 REVISION HISTORY

REVISION#	REVISION DATE	REVISION COMMENTS
1	November 15, 2016	Revised
2	July 22, 2022	Revised

# 8.0 RELATED FORM

Dress Code Appeal Form



# **DRESS CODE APPEAL FORM**

	requests the following exception to the District 2
Dress Code Policy:	
-	
-	
To be effective:	
	(Date)
Approved	
Denied	
Management Team Representa	tive