

Breast and Cervical Cancer Program

Clinical Services Section

Policy No. 19 **Clinical Breast Examiner (CBE) Certification and Training**

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Approved by: BCCP Administration Leadership

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BCCP incorporates practices from the MammaCare Method, the recognized quality standard for clinical and personal breast exams. Critical breast exam skills are learned on tactually accurate breast models and breast simulators that teach the difference between suspicious masses and normal nodular breast tissue so that clinicians and women can perform more effective breast exams without false positive alarms. The MammaCare CBE Simulator-Trainer is a self-administered, palpation training platform that produces and validates breast examination protocols. The computer's operating program is based on published advanced examination protocols. Research has shown that the CBE simulator produced significant gains in clinical breast examination skills suggesting that this technology may improve the accuracy and quality of breast cancer screening.

1. BCCP will maintain and fund one Certified MammaCare Specialist. The Specialist will be responsible for the Clinical Breast Examiner certifications and re-certifications for one designated nurse from each Georgia Department of Public Health (GDPH) District and BCCP-contracted facility. The certification fee will be paid from the state BCCP budget. The Certified MammaCare Specialist will be available for consultation and assistance to any nurse Clinical Breast Examiner.
2. Each GDPH District and BCCP-contracted facility will maintain one current Certified Clinical Breast Examiner (CBE). After the initial certifications, future

certification or recertification fees are to be paid from the BCCP annual allocated funds per the BCCP manager.

3. Each Certified CBE nurse is responsible for developing a system for training their BCCP nurses annually using the MammaCare CBE Simulator-Trainer. Each nurse is provided a unique log in number. The nurses' simulator training should be completed within a two-week period that includes using all 4 modules. Modules 1 and 2 and modules 3 and 4 can be done consecutively. The Certified CBE nurse will maintain the simulator safety, monitor trainee results, give trainee feedback, and conduct additional training as needed.

Recommendations

Collaboration between District Certified CBE nurses is encouraged. It is permissible to loan or borrow a simulator when training large numbers of nurses at the same time. Leaving a simulator in a clinic for use of training purposes can be done when its safety is assured.